



Harvest Tracker Worksheet

Measure What You're Really Sowing in Your Business

"Do not be deceived: God is not mocked, for whatever one sows, that will he also reap."

— Galatians 6:7



Instructions:

Use this worksheet to assess your current "sowing" across key areas of business. Be honest. Don't evaluate based on your intentions—evaluate based on **evidence**. Do this weekly, monthly, or quarterly to track alignment, growth, and spiritual integrity in your operations.



Section 1: Sowing Assessment

Rate yourself from **1 (Neglected)** to **5 (Fully Aligned)**

Area	Description	1	2	3	4	5
Cash Flow Stewardship	Am I wisely managing income, expenses, tithing, and reinvestment in alignment with values?					
Time & Energy	Am I spending time on what truly matters (not just what's urgent)?					
Customer Care	Am I sowing trust, excellence, and connection into each client interaction?					
Team Development	Am I sowing into my team's growth, discipleship, and well-being—or just extracting output?					
Kingdom Alignment	Are my decisions led by the Spirit—or driven by ego, fear, or pressure?					
Obedience to God's Voice	Have I acted on what God told me—even when it didn't make business sense?					

Follow-Through	Am I following through on the seeds I've sown—nurturing leads, relationships, ideas?
Generosity & Giving	Am I using my business as a conduit of Kingdom generosity, not just accumulation?

Section 2: Reflection Questions

Write your responses prayerfully and honestly.

- Where am I seeing fruit—and what seeds led to it?**
Be specific: clients, peace, profit, influence, relationships, etc.
 _____
 - Where am I reaping rot—and what sowing patterns produced it?**
Missed deadlines, team stress, cash gaps, spiritual dryness?
 _____
 - What am I sowing in secret that I hope no one sees?**
This may be pride, burnout, lack of integrity, fear, etc.
 _____
 - What has God asked me to sow that I've delayed or avoided?**
A conversation, investment, pivot, generosity, repentance?
 _____
 - What area needs immediate repentance and replanting?**
Where have I been sowing to the flesh instead of the Spirit?
 _____
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Section 3: Recommit & Realign

Choose one specific action in each area to sow faithfully this week/month:

Area	My Next Right Seed to Sow
Spiritual Alignment	_____
	—

Financial Stewardship	_____
	—
Relationships / Clients	_____
	—
Time & Focus	_____
	—
Team Development	_____
	—
Generosity	_____
	—



Closing Prayer of Surrender

Father, thank You for entrusting me with a field to steward. Show me where I've sown poorly. Give me courage to repent, wisdom to replant, and faith to keep sowing in obedience. I choose to sow like a son—not an orphan. Let my business be soil for Your glory. In Jesus' name, amen.



Optional Weekly Review Habit

- ☐ Schedule 30 minutes every Friday to review this worksheet
- ☐ Bring it into your leadership team meetings monthly
- ☐ Use it in quarterly strategy days for course correction